

EarlyBird Plus Programme

Join the National Autistic Society's free EarlyBird Plus programme for parents and carers of autistic children aged 5 to 10 years.



Our next 8-week programme:

Thursday 2nd October 2025

9.30am to 12.00pm

Clydesdale Family Support Hub, 40 North Vennel, Lanark

The EarlyBird Plus programme aims to empower parents and supporting professionals to understand more about autism and discuss useful strategies on how to support autistic children.

The programme includes

- understanding autism
- sensory differences
- communication
- supporting interaction and socialisation
- understanding and supporting behaviour

"This has made a real difference to me. In general, life-changing."
Parent

For more information, or to register your interest in the October or future programmes contact:

Clydesdale Specialist Support Team

 **01555 673341**

 **gw22clydesstslc@glow.sch.uk**

*Due to limits on attendee numbers, names may be placed on a waiting list for future programmes.